

Owings Mills



ALL-DAY PACKAGES

All Day Delicious \$42.49

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 8 guests or more.

Delicious Dawn

| | |
|-------------------------------|------------------------|
| Assorted Muffins | 400-510 Cal each |
| Assorted Scones | 430-470 Cal each |
| Seasonal Fresh Fruit Platter | 40 Cal/2.5 oz. serving |
| Assorted Juice | 110-170 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

AM Perk Up

| | |
|-------------------------------|---------------------|
| Granola Bars | 130-220 Cal each |
| Assorted Yogurt Cups | 80-150 Cal each |
| Iced Tea | 5 Cal/8 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

Power Up Lunch

| | |
|---|--------------------------|
| Tomato and Cucumber Couscous Salad | 120 Cal/3.75 oz. serving |
| Orange Fennel Spinach Salad | 210 Cal/3.2 oz. serving |
| Bakery-Fresh Rolls with Butter | 160 Cal each |
| Green Beans Gremolata | 70 Cal/3 oz. serving |
| Three Pepper Cavatappi with Pesto | 280 Cal/7.5 oz. serving |
| Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce | 210 Cal/5.75 oz. serving |
| New York Cheesecake | 440 Cal/slice |
| Iced Tea | 5 Cal/8 oz. serving |
| Iced Water | 0 Cal/8 oz. serving |

PM Pick Me Up

| | |
|---|--------------------------|
| Chilled Spinach Dip with Tortilla Chips | 230 Cal/2.25 oz. serving |
| Grilled Vegetable Tray | 70 Cal/3 oz. serving |
| Bakery-Fresh Brownies | 250 Cal/2.25 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

Meeting Wrap Up \$37.49

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 8 guests or more.

Morning Mini

| | |
|-------------------------------|---------------------|
| Miniature Muffins | 80-120 Cal each |
| Miniature Danish | 140-170 Cal each |
| Miniature Scones | 100-110 Cal each |
| Yogurt Parfait Cups | 360-400 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

The Energizer

| | |
|-------------------------------|---------------------|
| Donut Holes | 45-90 Cal each |
| Bananas | 110 Cal each |
| Iced Tea | 5 Cal/8 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

It's a Wrap

| | |
|-------------------------------|--------------------------|
| Chicken Caesar Wrap | 640 Cal each |
| Pepper Jack Tuna Wrap | 610 Cal each |
| Cran-Apple Turkey Wrap | 650 Cal each |
| Grilled Vegetable Wrap | 620 Cal each |
| Seasonal Fresh Fruit Salad | 40 Cal/2.5 oz. serving |
| Choice of One (1) Salad: | |
| Traditional Garden Salad | 50 Cal/3.5 oz. serving |
| Grilled Vegetable Pasta Salad | 120 Cal/3 oz. serving |
| Individual Bag of Chips | 100-160 Cal each |
| Assorted Craveworthy Cookies | 210-260 Cal each |
| Bakery-Fresh Brownies | 250 Cal/2.25 oz. serving |
| Iced Tea | 5 Cal/8 oz. serving |
| Iced Water | 0 Cal/8 oz. serving |

Mid-Day Munchies

| | |
|-------------------------------|----------------------|
| Tortilla Chips | 90 Cal/1 oz. serving |
| Choice of Two (2) Salsas: | |
| Salsa Roja | 20 Cal/1 oz. serving |
| Salsa Verde | 20 Cal/1 oz. serving |
| Pico De Gallo | 10 Cal/1 oz. serving |
| Assorted Whole Fruit | 50-100 Cal each |
| Assorted Craveworthy Cookies | 210-260 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

ALL-DAY PACKAGES

Simple Pleasures \$29.99

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 8 guests or more.

Simple Continental

| | |
|-------------------------------|-----------------------|
| ▼ Assorted Donuts | 190-490 Cal each |
| ▼ Assorted Bagels | 290-450 Cal each |
| Orange Juice | 120 Cal/8 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

Box Lunch

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Sandwich:

| | |
|--|------------------|
| Tuna Salad Ciabatta | 540 Cal each |
| Ham and Swiss Sub | 380 Cal each |
| Turkey and Swiss Sandwich | 490 Cal each |
| ▼ 🍷 🍷 🍷 Roasted Pepper and Mozzarella Ciabatta | 530 Cal each |
| ▼ Individual Bag of Chips | 100-160 Cal each |
| ▼ Assorted Craveworthy Cookies | 210-260 Cal each |
| Bottled Water | 0 Cal each |

Mid-Day Munchies

| | |
|--------------------------------|----------------------|
| ▼ Tortilla Chips | 90 Cal/1 oz. serving |
| Choice of Two (2) Salsas: | |
| 🍷 Salsa Roja | 20 Cal/1 oz. serving |
| 🍷 Salsa Verde | 20 Cal/1 oz. serving |
| 🍷 Pico De Gallo | 10 Cal/1 oz. serving |
| ▼ 🍷 🍷 🍷 Assorted Whole Fruit | 50-100 Cal each |
| ▼ Assorted Craveworthy Cookies | 210-260 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |



Choose one of these 3 packages to sustain you throughout the day.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

BREAKFAST

Breakfast Collections

All prices are per person and available for 8 guests or more. All appropriate condiments included.



Basic Beginnings \$8.99

Choice of One (1) Breakfast Pastry:

| | |
|-------------------------------|---------------------|
| ✓ Assorted Danish | 120-530 Cal each |
| ✓ Assorted Muffins | 400-510 Cal each |
| ✓ Assorted Scones | 400-440 Cal each |
| ✓ Assorted Bagels | 290-450 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |



Quick Start \$11.99

Choice of Three (3) Breakfast Pastries:

| | |
|--|------------------------|
| ✓ Assorted Danish | 210-530 Cal each |
| ✓ Assorted Muffins | 400-510 Cal each |
| ✓ Assorted Scones | 400-440 Cal each |
| ✓ Assorted Bagels | 290-450 Cal each |
|   Seasonal Fresh Fruit Platter | 40 Cal/2.5 oz. serving |
| Assorted Juice | 110-170 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |



Healthy Choice Breakfast \$10.99

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

| | |
|---|---------------------|
| ✓ Individual Cereal Cups | 120-230 Cal each |
| Milk | 120 Cal each |
|   Bananas | 110 Cal each |
| ✓ Assorted Yogurt Cups | 80-150 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |



À la Carte Breakfast

| | |
|--|------------------------|
| Assorted Bagels Served with Butter, Cream Cheese and Jam \$2.79 Per Person | 290-450 Cal each |
| Assorted Muffins Served with Butter and Jam \$2.79 Per Person | 400-510 Cal each |
| Assorted Danish \$2.79 Per Person | 210-530 Cal each |
| Assorted Scones Served with Butter and Jam \$2.79 Per Person | 400-440 Cal each |
| Assorted Pastries \$2.79 Per Person | 210-530 Cal each |
|   Seasonal Fresh Fruit Platter \$3.99 Per Person | 40 Cal/2.5 oz. serving |

*All packages include necessary accompaniments and condiments

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BREAKFAST

Hot Breakfast

All prices are per person and available for 8 guests or more. All appropriate condiments included.

Ultimate Breakfast \$15.99

Choice of Three (3) Breakfast Pastries:

| | |
|------------------------------------|---------------------------|
| ✓ Assorted Danish | 210-530 Cal each |
| ✓ Assorted Muffins | 400-510 Cal each |
| ✓ Assorted Scones | 400-440 Cal each |
| ✓ Assorted Bagels | 290-450 Cal each |
| VG PF Seasonal Fresh Fruit Platter | 40 Cal/2.5 oz. serving |
| ✓ Cage-Free Scrambled Eggs | 180 Cal/4 oz. serving |
| ✓ Breakfast Potatoes | 120-140 Cal/3 oz. serving |
| Bacon | 60 Cal each |
| Breakfast Sausage | 60-180 Cal each |
| ✓ Cheddar and Onion Frittata | 270 Cal each |
| ✓ Pancakes | 50 Cal each |
| VG Maple Syrup | 70 Cal/1 oz. serving |
| Assorted Juices | 110-170 Cal each |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

American Breakfast \$12.99

Choice of One (1) Breakfast Pastry:

| | |
|-------------------------------|---------------------------|
| ✓ Assorted Danish | 210-530 Cal each |
| ✓ Assorted Muffins | 400-510 Cal each |
| ✓ Assorted Scones | 400-440 Cal each |
| ✓ Assorted Bagels | 290-450 Cal each |
| ✓ Breakfast Potatoes | 120-140 Cal/3 oz. serving |
| Bacon | 60 Cal each |
| Breakfast Sausage | 60-180 Cal each |
| ✓ Cage-Free Scrambled Eggs | 180 Cal/4 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

French Toast Breakfast \$12.99

| | |
|--------------------------------|---------------------------|
| ✓ Breakfast Potatoes | 120-140 Cal/3 oz. serving |
| Bacon | 60 Cal each |
| Breakfast Sausage | 60-180 Cal each |
| ✓ Orange Cinnamon French Toast | 100 Cal each |
| VG Maple Syrup | 70 Cal/1 oz. serving |
| Bottled Water | 0 Cal each |
| Regular Coffee, Decaf and Tea | 0 Cal/8 oz. serving |

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



BREAKFAST

Breakfast Enhancements

All prices are per person and available for 8 guests or more.

Yogurt Parfaits \$5.29

Choose Your Favorite:

- ✓ Blueberry Orange Yogurt Parfait 390 Cal each
- ✓ PF Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- ✓ PF Honey Ginger Pear Yogurt Parfait 450 Cal each
- ✓ Strawberry Yogurt Parfait 360 Cal each

Sensible Sandwiches \$5.99

Choice of Two (2) Sensible Breakfast Sandwiches:

- EW Garden Vegetables and Egg on Wheat English Muffin 220 Cal each
- EW Southwest Garden Vegetable, Ham and Egg on a Wheat English Muffin 220 Cal each
- EW PF Turkey Sausage, Swiss and Egg on Wheat English Muffin 250 Cal each
- ✓ Spinach and Feta Flatbread Sandwich 230 Cal each
- EW PF Turkey Sausage and Egg White Flatbread 280 Cal each
- EW PF Mexican Turkey Bacon Flatbread 280 Cal each
- EW Chicken and Spinach English Muffin 380 Cal each
- Open Faced Croissant with Avocado Smash, Fried Egg and Sriracha Drizzle 250 Cal each
- EW PF Vegan Breakfast Toast with Avocado, Just® Egg Scramble, Radishes, Scallions and Sriracha 200 Cal each



Hand Wrapped Breakfast Burritos \$5.29

Choice of Two (2) Breakfast Burritos:

- Meat Lovers Burrito: Eggs, Bacon, Sausage and Ham 820 Cal each
- ✓ Pico Burrito: Scrambled Egg, Cheddar, Potato and Pico de Gallo 440 Cal each
- ✓ Florentine Burrito: Scrambled Eggs, Mushrooms, Roasted Peppers, Spinach and Cheddar 580 Cal each
- ✓ EW PF Sweet Potato Burrito: Roasted Sweet Potatoes, Quinoa Brown Rice, Egg White, Swiss Cheese, Spinach and Pesto 540 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

*All packages include necessary accompaniments and condiments

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Classic Collections

All prices are per person and available for 8 guests or more.

Deli Express \$16.99

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

| | |
|---|-----------------------|
| Choice of Two (2) Side Salads | 30-240 Cal each |
| 🍷 Individual Bags of Chips | 100-160 Cal each |
| 🍷 Assorted Baked Breads and Rolls | 110-230 Cal each |
| Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna) 25-80 Cal/1 oz. serving | |
| 🍷 Cheese Tray (Cheddar and Swiss) | 110 Cal/1 oz. serving |
| 🍷 Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) | 10 Cal/1 oz. serving |
| 🍷 Assorted Craveworthy Cookies | 210-260 Cal each |
| Choice of Two (2) Beverages: | |
| Lemonade | 90 Cal/8 oz. serving |
| Iced Tea | 5 Cal/8 oz. serving |
| Iced Water | 0 Cal/8 oz. serving |

Premium Box Lunches

Blackened Chicken Ciabatta \$16.99

| | |
|---|--------------------------|
| Grilled Blackened Chicken Breast, Spring Salad Mix and Cucumber Raita on Ciabatta | 410 Cal each |
| 🍷 🍷 Spiced Sweet Potato Salad | 120 Cal/4 oz. serving |
| 🍷 Individual Bag of Chips | 100-160 Cal each |
| 🍷 Bakery-Fresh Brownie | 250 Cal/2.25 oz. serving |
| Bottled Water | 0 Cal each |

Harvest Chicken Salad \$18.69

| | |
|---|--------------------------|
| Grilled Chicken, Fresh Baby Arugula, Roasted Red Potato, Cauliflower and Pumpkin Seeds tossed in a Kale Pesto Vinaigrette | 640 Cal each |
| 🍷 Bakery-Fresh Roll with Butter | 160 Cal each |
| 🍷 🍷 🍷 Fresh Fruit Cup | 40 Cal/2.5 oz. serving |
| 🍷 Lemon Cheesecake Bar | 300 Cal/2.75 oz. serving |
| Bottled Water | 0 Cal each |

Salmon Caesar Salad \$16.99

| | |
|--|--------------------------|
| Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons | 590 Cal each |
| 🍷 Bakery-Fresh Roll with Butter | 160 Cal each |
| 🍷 🍷 🍷 Fresh Fruit Cup | 40 Cal/2.5 oz. serving |
| 🍷 Lemon Cheesecake Bar | 300 Cal/2.75 oz. serving |
| Bottled Water | 0 Cal each |

Additional Premium Box Lunch options
available upon request!
Please contact your catering professional

SANDWICHES & SALADS

Classic Box Lunch \$13.99

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

| | |
|------------------------------------|------------------|
| Choice of One (1) Classic Sandwich | 130-790 Cal each |
| 🍷 Individual Bag of Chips | 100-160 Cal each |
| 🍷 Assorted Craveworthy Cookies | 210-260 Cal each |
| Bottled Water | 0 Cal each |

Classic Selections Buffet \$16.99

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

| | |
|--|----------------------|
| Choice of Two (2) Side Salads | 30-240 Cal each |
| 🍷 Dill Pickle Slices | 0 Cal/1 oz. serving |
| 🍷 Individual Bags of Chips | 100-160 Cal each |
| Choice of Three (3) Classic Sandwiches | 130-790 Cal each |
| 🍷 Assorted Craveworthy Cookies | 210-260 Cal each |
| Choice of Two (2) Beverages: | |
| Lemonade | 90 Cal/8 oz. serving |
| Iced Tea | 5 Cal/8 oz. serving |
| Iced Water | 0 Cal/8 oz. serving |

Classic Sandwich Options

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

| | |
|---|--------------|
| Deli Sliced Ham with Honey Mustard Dressing on Ciabatta Bread | 420 Cal each |
| Southwest Tuna Ciabatta | 370 Cal each |
| Deli Sliced Turkey and Swiss on Hearty Wheat Bread | 510 Cal each |
| Chicken Caesar Wrap | 640 Cal each |
| 🍷 🍷 Grilled Vegetable Ciabatta with Grilled Vegetables, Spicy Hummus, Lettuce and Feta Cheese | 280 Cal each |




SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 8 guests or more.



The Executive Luncheon \$18.99

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

| | |
|--|----------------------|
| Choice of Two (2) Side Salads | 30-240 Cal each |
|  Dill Pickle Slices | 0 Cal/1 oz. serving |
|  Individual Bags of Chips | 100-160 Cal each |
| Choice of Three (3) Executive Luncheon Sandwiches | 310-790 Cal each |
|  Assorted Craveworthy Cookies | 210-260 Cal each |
| Choice of Two (2) Beverages: | |
| Lemonade | 90 Cal/8 oz. serving |
| Iced Tea | 5 Cal/8 oz. serving |
| Iced Water | 0 Cal/8 oz. serving |


















Executive Luncheon Sandwiches

(Available Sandwich choices for The Executive Luncheon Sandwich Buffet)

| | |
|--|--------------|
| Ham and Brie with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread | 730 Cal each |
| Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo | 540 Cal each |
| Turkey and Avocado Mayo on Multigrain | 380 Cal each |
|  Tuna and Apple Salad with Fresh Tomatoes and Arugula on Ciabatta Bread | 420 Cal each |
|   Greek Salmon Farro Wrap with Lemon, Dill, Cucumber, Feta, Tomato, Onion and Greens | 450 Cal each |
| Spicy Southwest Chicken Baguette with Monterey Jack Cheese and Pico De Gallo | 640 Cal each |
|  Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette | 680 Cal each |

Side Salad Selections

(Included with Deli Express, Classic Selections, and The Executive Luncheon Buffets)

| | |
|--|--------------------------|
|    Traditional Garden Salad with a Balsamic Vinaigrette Dressing | 50 Cal/3.5 oz. serving |
|  Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette | 110 Cal/3.75 oz. serving |
|  Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing | 240 Cal/4 oz. serving |
|   Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing | 170 Cal/3.5 oz. serving |
|    Sweet Chili Cucumber Salad with Red Onion, Fresh Cilantro and a Sweet and Spicy Chili Sauce | 25 Cal/3 oz. serving |
|  Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives | 90 Cal/3 oz. serving |
|   Toasted Barley Orange Cranberry Salad with Red Onions, Honey and Cinnamon | 120 Cal/3.5 oz. serving |
|    Roasted Vegetable Pasta Salad | 210 Cal/3.75 oz. serving |
|  Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic | 120 Cal/4 oz. serving |

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Themed Buffets

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Build Your Own Bite Sized Southern BBQ \$21.29

| | |
|---------------------------------|--------------------------|
| ✓ 🌱 Fresh Country Coleslaw | 170 Cal/3.5 oz. serving |
| ✓ 🌱 🍷 🍷 Vegetarian Baked Beans | 220 Cal/4 oz. serving |
| Collard Greens | 90 Cal/3 oz. serving |
| ✓ Macaroni and Cheese | 250 Cal/4 oz. serving |
| ✓ Hush Puppies | 70 Cal each |
| Choice of Two (2) Pulled Meats: | |
| Pulled BBQ Chicken | 190 Cal/3 oz. serving |
| Cilantro-Lime Pulled Chicken | 180 Cal/3 oz. serving |
| Pulled BBQ Pork | 290 Cal/3 oz. serving |
| Anise Herbed Pulled Pork | 220 Cal/3 oz. serving |
| ✓ Slider Buns | 80 Cal each |
| ✓ Assorted Craveworthy Cookies | 210-260 Cal each |
| ✓ Bakery-Fresh Brownies | 250 Cal/2.25 oz. serving |

Classic Pizza \$20.49

| | |
|---|--------------------------|
| ✓ 🌱 🍷 🍷 Classic Garden Salad | 50 Cal/3.5 oz. serving |
| Home-Style Kettle Chips | 240 Cal/1.25 oz. each |
| ✓ Traditional New York-Style Cheese Pizza Slices | 250 Cal/slice |
| Meat Lover's Pizza Slices | 470 Cal/slice |
| ✓ 🍷 🍷 Garden Vegetable Pizza Slices | 380 Cal/slice |
| ✓ Assorted Craveworthy Cookies | 210-260 Cal each |
| ✓ Bakery-Fresh Brownies | 250 Cal/2.25 oz. serving |

Latin Flavors \$21.09

| | |
|---|------------------------|
| ✓ 🌱 🍷 🍷 Citrus Tex -Mex Salad: Oranges, Tomatoes, Jicama, Romaine and Cilantro topped with Tortilla Straws served with Salsa Ranch | 40 Cal/2.4 oz. serving |
| ✓ Grilled Flatbread | 110 Cal each |
| ✓ Cilantro Lime Rice | 120 Cal/3 oz. serving |
| ✓ 🌱 🍷 🍷 Cumin Black Beans | 90 Cal/3 oz. serving |
| Chipotle Orange Roasted Chicken | 390 Cal/6 oz. serving |
| Carne Asada con Papas Ranchero | 250 Cal/6 oz. serving |
| ✓ Sopaipillas | 70 Cal each |

BUFFETS



BUFFETS

Themed Buffets

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Taco Del Seoul \$18.99

Egg Rolls 180 Cal each

Choice of Two (2) Dipping Sauces:

- V Sweet Soy Sauce 50 Cal/1 oz. serving
- VG Sweet and Sour Sauce 40 Cal/ 1 oz. serving
- VG Chili Garlic Sauce 45 Cal/1 oz. serving
- VG Corn Tortillas 40 Cal each
- VG Bibb Lettuce Wrap 0 Cal/0.5 oz. serving
- VG Jasmine Rice 130 Cal/3 oz. serving

Choice of Two (2) Proteins:

- Korean BBQ Chicken 140 Cal/2 oz. serving
- Korean BBQ Pork 130 Cal/2 oz. serving
- VG Korean BBQ Tofu 70 Cal/2 oz. serving
- VG SW PF Asian Slaw 20 Cal/1.25 oz. serving
- VG Pickled Cucumbers 5 Cal/1 oz. serving
- VG PF Pickled Carrot and Daikon 15 Cal/1 oz. serving

Choice of Two (2) Salsas:

- VG Salsa Roja 20 Cal/1 oz. serving
- VG Salsa Verde 10 Cal/1 oz. serving
- V Mango Salsa 30 Cal/1 oz. serving
- VG Shredded Green Cabbage 0 Cal/0.5 oz. serving
- VG Scallions 0 Cal/0.25 oz. serving
- VG Cilantro 0 Cal/0.125 oz. serving
- VG Toasted Sesame Seeds 30 Cal/0.125 oz. serving
- VG Chopped Peanuts 40 Cal/0.25 oz. serving
- V PF Coconut Mango Rice Dessert 230 Cal/5.85 oz. serving



Heartland Buffet \$20.19

- SW Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette 180 Cal/3.75 oz. serving
- V Bakery-Fresh Rolls with Butter 160 Cal each
- VG Roasted New Potatoes 110 Cal/2.75 oz. serving
- VG SW PF Fresh Herbed Vegetables 100 Cal/3.5 oz. serving
- SW Grilled Lemon Rosemary Chicken 130 Cal/3 oz. serving
- V Oreo Blondies 270 Cal/1.75 oz. serving

Looking to create your own Themed Buffet
or Unique Custom Buffet?








Contact us at erbe-lorraine@aramark.com / 443.802.3173
or blasetti-lou@aramark.com / 717.598.9575 to explore
more options and personalize your buffet to fit your event.

BUFFETS

Themed Buffets

All prices are per person and available for 8 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Sunday BBQ \$22.29

| | |
|--|--------------------------|
| Apple Bacon Coleslaw | 140 Cal/3.25 oz. serving |
|   Baked Sweet Potatoes | 120 Cal/4.2 oz. serving |
|   Sautéed Green Beans and Peppers | 90 Cal/3.5 oz. serving |
| BBQ Beef Brisket | 140 Cal/3 oz. serving |
|  Slider Buns | 80 Cal each |
|  Assorted Craveworthy Cookies | 210-260 Cal each |
|  Bakery-Fresh Brownies | 250 Cal/2.25 oz. serving |

Tasty Tex Mex \$23.39

| | |
|---|-----------------------|
|  Tortilla Chips | 90 Cal/1 oz. serving |
|  Mexican Rice | 130 Cal/3 oz. serving |
|   Charro Beans | 90 Cal/3 oz. serving |









Choice of One (1) Type of Fajitas:

| | |
|--|-----------------------|
| Beef Fajitas with Tortillas, Shredded Cheddar and Sour Cream | 590 Cal/5 oz. serving |
| Chicken Fajitas with Tortillas, Shredded Cheddar and Sour Cream | 580 Cal/5 oz. serving |

Choice of Two (2) Salsas:

| | |
|--|----------------------|
|  Pico De Gallo | 10 Cal/1 oz. serving |
|  Salsa Verde | 10 Cal/1 oz. serving |
|  Salsa Roja | 20 Cal/1 oz. serving |
|  Cinnamon Crisps | 20 Cal each |

Harvest Bounty \$27.39

| | |
|---|--------------------------|
|   Traditional Mixed Green Salad | 50 Cal/3.5 oz. serving |
|  Southern Biscuits with Butter | 190 Cal each |
|  Buttermilk Mashed Potatoes | 120 Cal/3.75 oz. serving |
|   Sautéed Dill Green Beans | 30 Cal/3 oz. serving |
| Choice of One (1) Entrée: | |
|  Herb Roasted Turkey | 130 Cal/3 oz. serving |
| Baked Ham | 110 Cal/3 oz. serving |
|  Apple Pie | 410 Cal/slice |



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BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Buffet Starters













| | |
|--|--------------------------|
|   Seasonal Garden Salad with Balsamic Vinaigrette | 50 Cal/3.5 oz. serving |
| Classic Caesar Salad | 170 Cal/2.7 oz. serving |
|  Greek Salad with Crumbled Feta | 110 Cal/3.25 oz. serving |
|  Antipasto Salad | 130 Cal/3 oz. serving |
|   Autumn Vegetable Salad with Red Wine Vinaigrette | 80 Cal/3 oz. serving |
|   Seasonal Fresh Fruit Salad | 40 Cal/2.25 oz. serving |

Buffet Entrees







| | |
|--|--------------------------|
|  Grilled Chicken Breast with Cider Marinade \$20.99 | 120 Cal/3 oz. serving |
|  Lemon Artichoke Chicken Breast \$20.99 | 200 Cal/5.75 oz. serving |
|  Grilled Lemon Rosemary Chicken \$20.99 | 130 Cal/3 oz. serving |
| Roasted Turkey with Cranberry Relish \$20.99 | 160 Cal/3.5 oz. serving |
|  Chipotle Pork Loin Topped with a Pineapple Salsa \$24.09 | 180 Cal/3.75 oz. serving |
| Pesto Flank Steak \$23.49 | 260 Cal/3 oz. serving |
|  Eggplant Lasagna \$19.99 | 250 Cal/7.25 oz. serving |



Buffet Sides

| | |
|--|--------------------------|
|   Pan Roasted Vegetables | 45 Cal/3 oz. serving |
|   Fresh Herbed Vegetables | 100 Cal/3.5 oz. serving |
|   Roasted Brussels Sprouts with Garlic and Pancetta | 80 Cal/4 oz. serving |
|   Ginger Honey Glazed Carrots | 110 Cal/3.25 oz. serving |
|  Buttermilk Mashed Potatoes | 120 Cal/3.75 oz. serving |
|   Savory Herbed Rice | 140 Cal/4 oz. serving |
|  Macaroni and Cheese | 260 Cal/4 oz. serving |

Buffet Finishes

| | |
|--|--------------------------|
|  Apple Pie | 410 Cal/slice |
|  Cherry Cheesecake Tarts | 170 Cal/1.75 oz. serving |
|  New York-Style Cheesecake | 440 Cal/slice |
|  Dulce De Leche Brownie | 220 Cal/2.25 oz. serving |
|  Chocolate Cake | 270 Cal/slice |
|  Assorted Craveworthy Cookies | 250-310 Cal each |

Hors d'oeuvres

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

Reception Hors d'oeuvres (Hot)

| | |
|----------------------------------|----------------|
| Italian Meatballs \$26.39 | 100 Cal each |
| Chicken Quesadillas \$25.99 | 50 Cal each |
| Chicken Satay \$27.99 | 20 Cal each |
| Boneless Buffalo Wings \$28.59 | 110 Cal each |
| Coconut Shrimp \$38.49 | 45 Cal each |
| Crab Cakes \$30.99 | 30 Cal each |
| Assorted Mini Quiche \$25.99 | 70-90 Cal each |
| 🍷 Spanakopita \$27.99 | 70 Cal each |
| 🍷 Vegetable Spring Rolls \$40.69 | 15 Cal each |

RECEPTIONS

Reception Hors d'oeuvres (Cold)

| | |
|---|-----------------|
| 🍷 Assorted Petit Fours \$29.99 | 60-140 Cal each |
| 🍷 Mediterranean Antipasto Skewers \$39.59 | 70 Cal each |
| 🍷 🍷 🍷 Veggie Hummus Cup \$29.69 | 190 Cal each |
| 🍷 Bruschetta Crostini \$19.19 | 50 Cal each |
| 🍷 Shrimp and Avocado Toast Points \$20.89 | 70 Cal each |
| Pimento Cheese and Bacon Toast Points \$19.19 | 110 Cal each |

Unsure of how many items and how much to order for your reception?

Contact your catering events specialist to discuss the proper amounts needed for a reception.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



RECEPTIONS

Reception Platters and Dips

All prices are per person and available for 8 guests or more.

Classic Sliced Cheese Tray \$5.59 Per Person

✓ Classic Sliced Cheese Tray with
Swiss, Cheddar and Pepper Jack
Cheeses, Pita Chips and Crostini 290 Cal/2.75 oz. serving

Fresh Garden Crudités \$4.49 Per Person

✓ PF Fresh Garden Crudités with
Ranch Dill Dip 120 Cal/5 oz. serving

✓ CW PF Seasonal Fresh Fruit Platter

\$3.99 Per Person 40 Cal/2.5 oz. serving

Assorted Mini Sandwiches \$9.89 Per Person

An assortment of our most popular Mini Sandwiches

Ham and American Cheese Mini Sandwiches 250 Cal each
Roast Beef and Cheddar Mini Sandwiches 250 Cal each
Turkey and Swiss Mini Sandwiches 290 Cal each
✓ Mini Caprese Sandwiches 220 Cal each

Chef's Choice Charcuterie Board

Market Price Serves 12 Calories Vary Per Assortment



May we suggest a Served Meal or Reception?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget.

Please contact our Catering Office at (443)-802-3173 to arrange a personal consultation.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 8 guests or more.

Dim Sum \$13.19

Egg Rolls 190 Cal each
Pot Stickers 45 Cal each

Choice of Two (2) Dipping Sauces:

- ✓ Sweet Soy Sauce 50 Cal/1 oz. serving
- ✓ Sweet and Sour Sauce 40 Cal/1 oz. serving
- ✓ Chili Garlic Sauce 45 Cal/1 oz. serving

Sweet and Spicy Boneless Chicken Wings

with Celery Sticks 600 Cal/7.5 oz. serving
Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

Happy Hour \$20.29

Chilled Spinach Dip served with Pita Chips 230 Cal/2.25 oz. serving
Mini Cheesesteaks 170 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip 680 Cal/6.75 oz. serving
Pretzels Bites with Beer Cheese 40 Cal each
Assorted Craveworthy Cookies 210-260 Cal each
Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

Grown Up Mac and Cheese \$19.79

Chipotle Macaroni and Cheese 460 Cal/8 oz. serving
Choice of Three (3) Proteins:
Grilled Chicken Breast 160 Cal/3 oz. serving
Sautéed Shrimp 100 Cal/4 oz. serving
Pulled Pork 290 Cal/3 oz. serving
Diced Ham 70 Cal/2 oz. serving
Roasted Mushrooms 90 Cal/3 oz. serving
Peas 70 Cal/3 oz. serving
Broccoli Bits 40 Cal/1.76 oz. serving
Scallions 0 Cal/0.25 oz. serving

Breaks

All prices are per person and available for 8 guests or more.

Chocoholic \$9.29

Miniature Chocolate Bars 45-70 Cal each
Chunky Chocolate Craveworthy Cookies 230 Cal each
Chocolate Dipped Pretzels 120 Cal each
Chocolate Dipped Strawberries 70 Cal each
Chilled Chocolate Milk 150 Cal/8 oz. serving

Energy Break \$4.89

Granola Bars 190 Cal each
Fruit Filled Bars 160 Cal each
Breakfast Bars 250 Cal each

The Healthy Alternative \$9.99

Apples 60 Cal each
Oranges 50 Cal each
Bananas 100 Cal each
Pears 90 Cal each
Individual Yogurt Cups 80-150 Cal each
Trail Mix 290 Cal each
Granola Bars 190 Cal each

Executive Coffee Break \$7.59

Assorted Dessert Bars 300-360 Cal/2.75 oz. serving
Bakery-Fresh Brownies 250 Cal/2.25 oz. serving
Regular Coffee, Decaf and Tea 0 Cal/8 oz. serving

BEVERAGES & DESSERTS

Beverages

Includes appropriate accompaniments

| | |
|--|-----------------------|
| Starbucks Coffee, Decaf and Hot Water with Assorted Teavana Tea Bags \$3.29 Per Person | 0 Cal/8 oz. serving |
| Assorted Sodas (Can) \$1.99 Each | 0-150 Cal each |
| Assorted Individual Fruit Juices \$2.69 Each | 110-170 Cal each |
| Sparkling Water \$2.29 Each | 0 Cal each |
| Hot Apple Cider \$21.99 Per Gallon | 160 Cal/8 oz. serving |
| Hot Chocolate \$21.99 Per Gallon | 160 Cal/8 oz. serving |
| Iced Tea \$19.99 Per Gallon | 5 Cal/8 oz. serving |
| Lemonade \$19.99 Per Gallon | 90 Cal/8 oz. serving |
| Iced Water \$1.49 Per Gallon | 0 Cal/8 oz. serving |
| Infused Water \$9.99 Per Gallon | |
| Choice of One (1) Fruit Infused Water: | |
| Lemon Infused Water | 0 Cal/8 oz. serving |
| Orange Infused Water | 10 Cal/8 oz. serving |
| Apple Infused Water | 20 Cal/8 oz. serving |
| Cucumber Infused Water | 10 Cal/8 oz. serving |
| Grapefruit Infused Water | 10 Cal/8 oz. serving |



✓ Vegetarian ✓ Vegan ✓ Eat Well ✓ Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

Desserts

| | |
|--|-----------------------------------|
| ✓ Assorted Blondies \$3.99 Per Person | 240-300/1.875-2.38 oz. serving |
| ✓ Assorted Craveworthy Cookies \$3.49 Per Person | 210-260 Cal each |
| ✓ Bakery-Fresh Brownies \$3.99 Per Person | 250 Cal/2.25 oz. serving |
| ✓ Chocolate Chip Cookie Brownies \$3.99 Per Person | 280 Cal/2.6 oz. serving |
| ✓ Gourmet Dessert Bars \$3.99 Per Person | 300-360 Cal/2.75-3.25 oz. serving |

Ordering Information

Lead Time

Notice of 48 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Contact Us Today

443.802.3173 / 717.598.9575

erbe-lorraine@aramark.com

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Carefirst-owingsmills.catertrax.com

Prices effective until 07/01/2023

Prices may be subject to change

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